

Austin Peay State University

MS Health and Human Performance Sport and Wellness Leadership Concentration *Sample One-Year Degree Plan

✓	First Year Fall Semester	SCH
	HHP 5000: Introduction to Research Methods	3
	HHP 5250: Statistics and Assessment	3
	HHP 5520: Sport and Exercise Psychology	3
	HHP 5750: Applied Nutrition for Education	3
	TOTAL SCH	12
✓	First Year Spring Semester	SCH
	HHP 5150: Assessment and Analysis of Human Performance	3
	HHP 5210: Leadership in Sport and Wellness	3
	HHP 5350: Physiological Basis of Human Performance	3
	HHP 5900: Advanced Research Methods *	3
	TOTAL SCH	12
✓	First Year Summer Semester	SCH
	HHP 5460: Principles in Conditioning for Sport and Wellness	3
	HHP 5710: Issues in Sport and Wellness	3
	TOTAL SCH	6
	Total Student Credit Hours for Degree	30

* HHP 5000 and HHP 5250 are prerequisites for HHP 5900. You must earn a "C" or higher in each class.

***For this degree a student must complete 30 hours of graduate level classes.**