

Distance Education

SmarterMeasure Student Resource Guide

The SmarterMeasure Readiness Report provides an in-depth analysis of the students’ strengths and opportunities for improvement across various areas which SmarterMeasure refers to as scales and sub-scales. For each sub-scale, this guide offers a range of quick resources tailored to support and enhance students’ abilities. By clicking on the listed resources, students can access materials specifically designed to address their identified opportunities for improvement.

Scale	Sub-Scale	Resources
Life Factors	Time	<ul style="list-style-type: none"> • 168-Hour Week Exercise • Time Management Worksheet • Task Planning & Prioritization
	Place	<ul style="list-style-type: none"> • How to Find & Create a Place to Study & Take Online Exams • Optimizing Your Study Space • Do Not Disturb Door Hanger
	Reason	<ul style="list-style-type: none"> • Finding Your Why • Uncovering Your College Pathway • The Importance of Staying Motivated
	Resources for Support	<ul style="list-style-type: none"> • Utilizing Student Support Resources • Basic Financial Literacy Tips for College Students • Seeking Support • Building Your Support System
	Skills	<ul style="list-style-type: none"> • Stepping Up with Confidence • Best Practices for Taking Notes • Note-Taking Template
Individual Attributes	Academic Attributes	<ul style="list-style-type: none"> • How to be a Successful Online Learner • How to Stay Focused and Study Effectively • Best Practices for Taking Notes • Note Taking Template • Do Not Disturb Door Hanger
	Help-Seeking	<ul style="list-style-type: none"> • Utilizing Student Support Resources • Seeking Support
	Persistence	<ul style="list-style-type: none"> • Strategies for Persistence in Challenging Academic Times • The Importance of Staying Motivated
	Procrastination	<ul style="list-style-type: none"> • Controlling Procrastination • Winning Against Procrastination
	Time Management	<ul style="list-style-type: none"> • Tips for Successful Time Management • 168-Hour Worksheet • Task Planning & Prioritization
	Locus of Control	<ul style="list-style-type: none"> • Replacing Negative Thinking with Positive Affirmations • Student Readiness and Mental Health

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Scale	Sub-Scale	Resources
		<ul style="list-style-type: none"> • Stepping Up with Confidence
Reading Rate & Recall	Reading Recall/Reading Rate	<ul style="list-style-type: none"> • A Guide to On-Screen Reading
LMS Competency	LMS Competency	<ul style="list-style-type: none"> • Mastering the LMS
Typing Speed & Accuracy	Typing Speed/Typing Accuracy	<ul style="list-style-type: none"> • Smarter Typing Strategies
Technical Competency	Computer Competency	<ul style="list-style-type: none"> • Computer Skills for College Readiness
	Internet Competency	<ul style="list-style-type: none"> • Cybersecurity Tips for College Success • Student Guide to Information Literacy
Technical Knowledge	Technology Usage	<ul style="list-style-type: none"> • Essential Technology Tools for College Success
	Technology in Your Life	<ul style="list-style-type: none"> • Cybersecurity Tips for College Success
	Technology Vocabulary	<ul style="list-style-type: none"> • Technology Vocabulary
	Computer/Internet Specifications	<ul style="list-style-type: none"> • Essential Technology Tools for College Success
Learning Styles	Learning Styles	<ul style="list-style-type: none"> • Understanding the 7 Learning Styles