

**APSU Writing Center**  
APIE Note-Taking Method

**APIE (Assessment/Problem/Implementation/Evaluation) Notes**

- The APIE approach in nursing is a systematic method used to ensure comprehensive and effective patient care. It stands for Assessment, Problem, Implementation, and Evaluation and is widely used across various healthcare settings, particularly in nursing.

**Assessment (A)**

- This section summarizes the clinician's interpretation of subjective (client-reported) and objective (observable) data, providing an overview of the client's current condition. Include:
  - Emotional state and appearance
  - Client's report of symptoms
  - Observations during the session
  - Clinical impressions based on the gathered information
- **Example:** Client appears anxious, reporting trouble sleeping and frequent worrying thoughts. Displayed restless behavior, shifting in seat frequently.

**Problem (P)**

- This section identifies the key issues or concerns based on the assessment. It outlines the primary problems that will be addressed during treatment. Information should include:
  - Identified issues or diagnoses
  - Prioritization of problems needing immediate attention
  - Specific conditions or concerns noted by the clinician
- **Example:** Primary issue identified: Generalized Anxiety Disorder (GAD). Client struggles with insomnia, persistent worry, and physical restlessness.

**Intervention/Implementation (I)**

- This section focuses on the specific actions taken by the clinician to address the identified problems. It outlines what treatments, interventions, or strategies were applied. Information should include:
  - Specific tasks or therapeutic actions taken
  - Coping skills taught to the client
  - Medication adjustments or prescriptions provided
  - Educational resources shared with the client
- **Example:** Taught the client breathing exercises to help manage anxiety. Discussed the importance of sleep hygiene, providing guidelines for a consistent bedtime routine.

**Evaluation (E)**

- This section documents the effectiveness of the interventions implemented and the client's response. It includes:
  - Client's reaction to the interventions
  - Progress or setbacks observed
  - Effectiveness of specific techniques or treatments
  - Recommendations for adjustments or ongoing treatment
- **Example:** Client appears anxious, reporting trouble sleeping and frequent worrying thoughts. Displayed restless behavior, shifting in seat frequently.

## APIE Notes Session Summary

|                                       |                              |
|---------------------------------------|------------------------------|
| <b>Client Name:</b>                   |                              |
| <b>Provider/Clinician's Name:</b>     |                              |
| <b>Date of Service:</b>               | <b>Duration:</b>             |
| <b>ASSESSMENT</b>                     |                              |
|                                       |                              |
| <b>PROBLEM</b>                        |                              |
|                                       |                              |
| <b>INTERVENTION/IMPLEMENTATION</b>    |                              |
|                                       |                              |
| <b>EVALUATION</b>                     |                              |
| <input type="checkbox"/>              | <b>Continue current plan</b> |
| <input type="checkbox"/>              | <b>Objective met</b>         |
| <b>Revise plan:</b>                   |                              |
|                                       |                              |
| <b>STUDENT CLINICAL SIGNATURE:</b>    | <b>DATE:</b>                 |
|                                       |                              |
| <b>CLINICAL SUPERVISOR SIGNATURE:</b> | <b>DATE:</b>                 |
|                                       |                              |



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### References

Brigham Young University-Idaho. (2021). *Clinical Judgement and APIE*. Nursing 105 Readings. [https://books.byui.edu/intro\\_to\\_nursing/chapter\\_6\\_](https://books.byui.edu/intro_to_nursing/chapter_6_)

H, R. (2018). *The APIE Approach in Nursing*. 15writers. <https://15writers.com/sample-essays/apie-approach-nursing/>