

TIME	DAY
8:00AM-8:30AM	
8:30AM-9:00AM	
9:00AM-9:30AM	
9:30AM-10:00AM	
10:00AM-10:30AM	
10:30AM-11:00AM	
11:00AM-11:30AM	
11:30AM-12:00PM	
12:00PM-12:30PM	
12:30PM-1:00PM	
1:00PM-1:30PM	
1:30PM-2:00PM	
2:00PM-2:30PM	
2:30PM-3:00PM	
3:00PM-3:30PM	
3:30PM-4:00PM	
4:00PM-4:30PM	
4:30PM-5:00PM	
5:00PM-5:30PM	
5:30PM-6:00PM	
6:00PM-6:30PM	

TIME	DAY
5:00AM-5:30AM	
5:30AM-6:00AM	
6:00AM-6:30AM	
6:30AM-7:00AM	
7:00AM-7:30AM	
7:30AM-8:00AM	
8:00AM-8:30AM	
8:30AM-9:00AM	
9:00AM-9:30AM	
9:30AM-10:00AM	
10:00AM-10:30AM	
10:30AM-11:00AM	
11:30AM-12:00PM	
12:00PM-12:30PM	
12:30PM-1:00PM	
1:00PM-1:30PM	
1:30PM-2:00PM	
2:00PM-2:30PM	
2:30PM-3:00PM	
3:00PM-3:30PM	
3:30PM-4:00PM	

TIME	DAY
4:00PM-4:30PM	
4:30PM-5:00PM	
5:00PM-5:30PM	
5:30PM-6:00PM	
6:00PM-6:30PM	
6:30PM-7:00PM	
7:00PM-7:30PM	
7:30PM-8:00PM	
8:00PM-8:30PM	
8:30PM-9:00PM	
9:00PM-9:30PM	
9:30PM-10:00PM	
10:00PM-10:30PM	
10:30PM-11:00PM	
11:00PM-11:30PM	
11:30PM-12:00AM	
12:00AM-12:30AM	
12:30AM-1:00AM	
1:00AM-1:30AM	
1:30AM-2:00AM	
2:00AM-2:30AM	